Email: info@lakers.ie Tel: 01 2022694

THE PHOENIX

October 2020

LAKERS SOCIAL &
RECREATIONAL CLUB
THE OLD SCHOOL HOUSE
EGLINTON ROAD
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SPOOKY ISSUE

- Lakers members get in to the spooky spirit of Halloween p.1
- Glendlough Walk 2020 by Stuart Brierton p.2
- New Term Activities Update p.3
- Halloween scavenger hunt, things to do, cut out masks, colouring and more! p.5-8
- Burty Bat likes hiding, see if you can find him on each page.....

Lakers members getting in to the Spirit of Halloween

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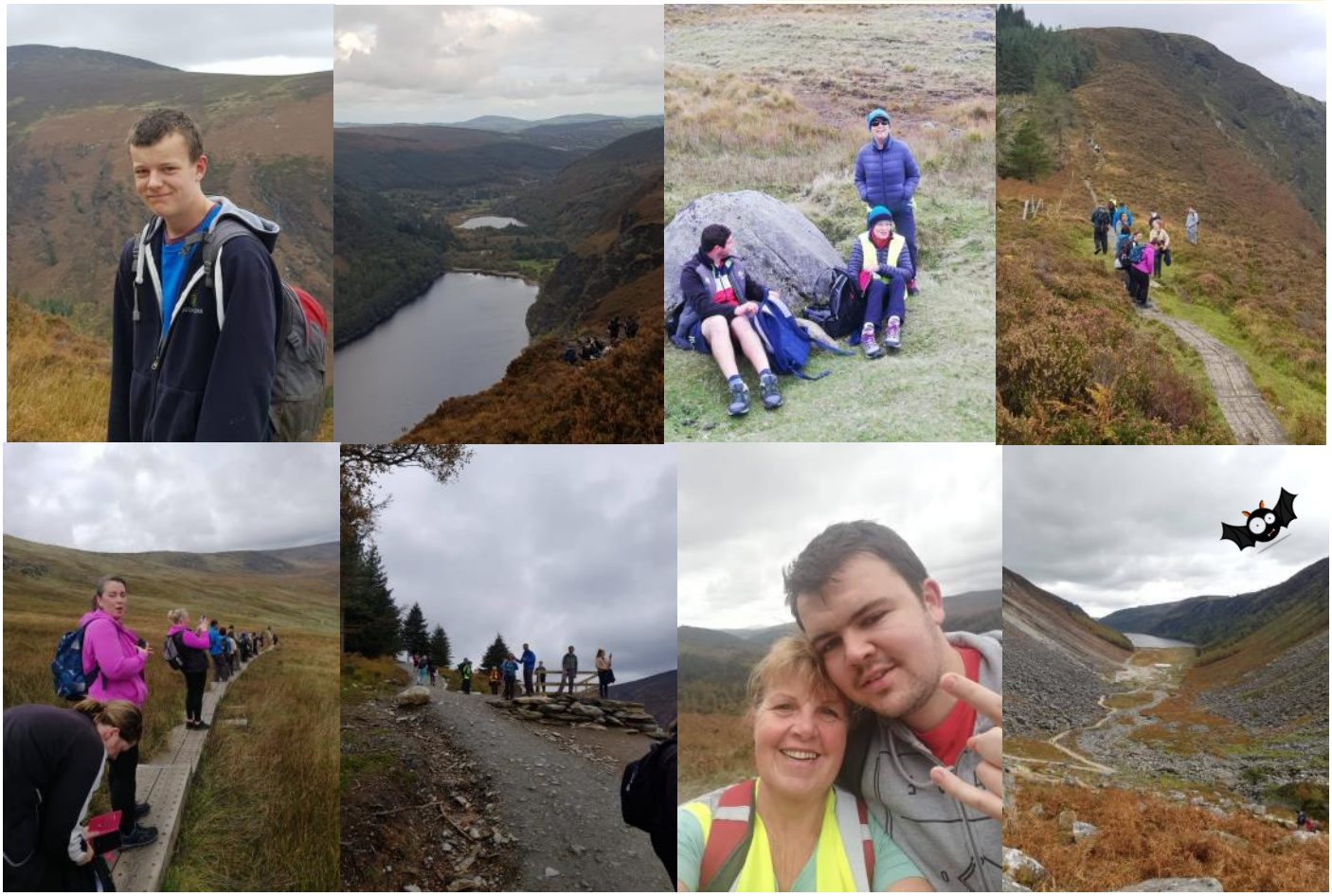

Glendalough Walk 2020: By Stuart Brierton

On Saturday the 17th of October I took part in the walk at Glendalough for Lakers. The weather was a fairly cloudy day but we had quite a lot of happy walkers on the day as we did the reverse route of the sphinx.

I did the walk because I wanted to show my support to lakers especially during this difficult time with the pandemic looming over us and the entire world. It also provided a great opportunity to see some old friends again.

The people who took part on the walk that day all enjoyed it and were very happy see everyone else there taking part on the walk. Everyone was chatting, having a laugh, and just overall having a good time.

There were lots of sights in Glendalough including the sites, and wildlife such as deer, and the birds of prey that flew over the Spinc walk that we did. We also saw the old miner's village where the site was once a mine at one point of its history.

The walkers have all enjoyed the walk and would recommend it to their friends and family to come on up to Glendalough to do the walk again. Hopefully, we will have more bigger numbers when the pandemic is over.

The best part of the walk was seeing the wildlife and the animals that inhabit Glendalough. A lot of people were happy when we saw the dear presenting themselves to the walkers and showing curiosity to them.

If you didn't get around to donating to our hikers you can still do so at www.lakers.ie/supportourhike

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Due to Level 5 Restrictions we are running online classes only

We have a new term timetable out which will run from 2nd Nov > 5th Dec

Classes are €25 per term. Please register for classes through our online community.

To find out more visit **https://lakers.ie/book-a-class/**

You can also email **info@lakers.ie** or call 01 2022694 for assistance

All online classes through Zoom

Please register using the Lakers Community.
For more info please email info@lakers.ie

LAKERS

Term 4: 2nd November– 5th December

All classes are **€25** per person per term

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dance with Lisa 11am-12pm	Yoga and Flexibility with Graham 10am-11am	Fitness with Graham 10am-11am	LIVE Graham 9am-10am	Breakfast Club with Lisa 9.30am-10.30am	Junior Activity club with Hannah 9.30am-10.30am
Keep-fit with Graham 12pm-1pm	Baking with Niamh 12pm-1pm	Dance with Lisa 11am-12pm	Adult Relaxation with Lisa 11am-12pm	Music with Graham 11am-12pm	Teen Activity Club with Hannah 11am-12pm
Art with Christine 3pm-4pm	Art with Christine 2pm-3pm	Cookery with Niamh 12pm-1pm	Get-together with Graham 2pm-3pm	Fitness with Graham 2pm-3pm	
Junior Fun with Lisa 4pm-5pm	Adult Quiz with Lisa 3pm-4pm	Junior Club with Lisa 3pm-4pm	Ladies Health with Lisa 3pm-4pm	Relaxation with Lisa 3pm-4pm	
Young Adult Get together with Graham 5pm-6pm	Teen Music with Graham 4pm-5pm	Cookery with Niamh 4pm-5pm	Junior Games with Graham 4pm-5pm		
		Junior Art with Christine 4pm-5pm			

You can now view and stream our past online classes on our website without having to log in to facbeook or youtube.

See https://lakers.ie/online-classes/ to see our library of free classes

LAKERS CHRISTMAS RAFFLE LAUNCHING NOV 5th

Tickets will be available on our website www.lakers.ie and for click and collect in some instances. First Prize is €400 One4 All Voucher

PRIZES NEEDED : Runner up prizes needed.

We have less prizes than usual with many small businesses closed or struggling this year. We are looking for voucher and hamper fillers such as wine & spirits, Christmas food, beauty products etc.

Contact info@lakers.ie if you have prizes to donate, we will organise collection locally.

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Family Fun Events & Things to do

Macnas At Home—Bram Stoker Festival

Looking for fun, free activities to keep your children entertained this Midterm and Hallowe'en weekend? Look no further: Macnas At Home starts next week!

In this series of videos, released daily through the midterm on our YouTube and socials, your children will be guided in the creation of their own Macnas experience; from Creating A Story, to Mask-Making, Movement and Sounds & Drumming. Follow step-by-step as Macnas teach the family how to dream up Hallowe'en magic at home!

Free. Videos released daily at 10am on YouTube, Facebook and IGTV from Tue 27 Oct

MORE INFO

THE NATIONAL GALLERY

Offer some amazing children and adult activities online, as well as virtual tours of the gallery .

Here is a nice link to a simple art activity the members can do at home.

https://www.nationalgallery.ie/what-we-do/education-department/early-years-children-and-families-programme/national-gallery-home

Russborough House & Gardens

There is a playground, fairy island and magical walks which is in Blessington and on from the 30th- 2nd November

https://www.russborough.ie/plan-your-visit

PLEASE CHECK ALL WEBSITES FOR RESTRICTION UPDATES BEFORE BOOKING

Halloween Trail - Airfield From the 17th Oct to 1st Nov

https://www.airfield.ie/stories_news/halloween-trail/

Retro Drive Thru Glenroe Farm and Leopardstown showing some fun Family Films

https://www.retrodrivein.ie/glenroe

Halloween Family Friendly Spooktacular Cycle: Scavenger Hunt during Midterm

https://www.yourdaysout.ie/events-on-in-county-dublin-ireland/halloween-cycle-tours-4891

Virtual Trick or Treat Worldwide Festive Arts & Crafts at home fancy dress

Oct 24th & 25th 2pm and Oct 29th & 30th 11am

https://epicchq.com/news-events/halloween-at-epic/

Special thanks to Lisa O'Brien and Christine Power for sharing the links for our newsletter

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HALLOWEEN SCAVENGER HUNT

Take a walk outside in your area or town, and see if you can spot the things on the Halloween scavenger list.

You can do this at home too if you have decorations, and people dressed up in the house.

HOW MANY CAN YOU FIND?

- 3 pumpkins
- 2 jack o'lanterns
- a bat
- an owl
- 2 ghosts
- a skeleton
- a tombstone
- candy corn
- a lollipop
- pirate
- vampire
- witch
- 2 spiders
- "trick or treat"
- a black cat
- animal (costume)
- princess
- super hero
- someone in a mask
- your favorite candy

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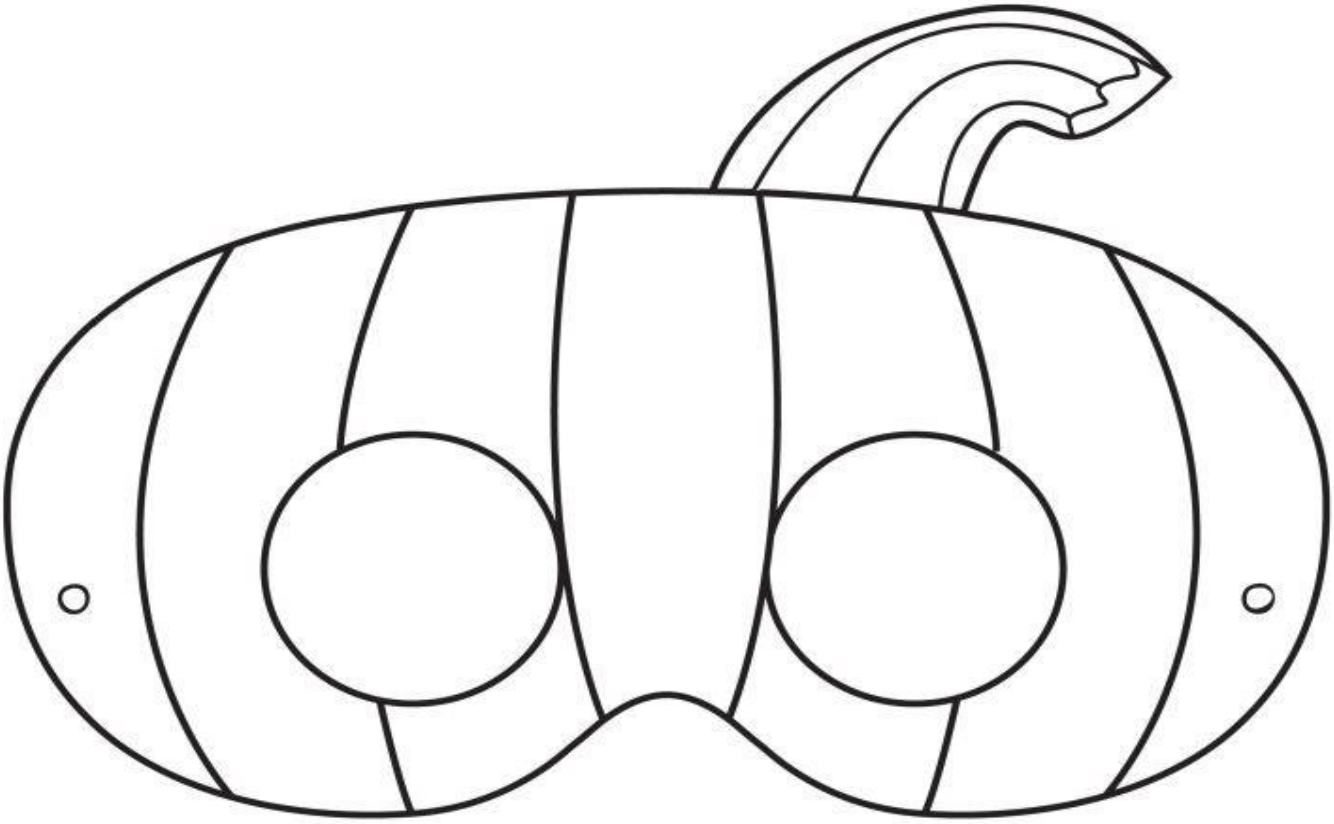

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Halloween Boardgame

START		When is Halloween		Name two things that can fly!
	Name two Halloween animals!		Miss a turn!	
Name a Halloween activity		Name three Halloween colours!		Spell Halloween out loud!
	How many Harry Potter books are there?		Go back three spaces!	
Move forward to the cauldron.		What do you say to get candy?		What is the colour of a ghost?
	Name two things you eat at Halloween.		What does a witch ride?	
What does a ghost say?		Get a candy from your teacher!		Name three things to put in a brew!
END	Name the title of a Halloween movie.		Name three costumes you can wear at Halloween.	

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